4th Step Resentment Inventory Worksheet taken from the Big Book of Alcoholics Anonymous

lles es se (feel of	th Step Resentment inventory worksheet						-		
I'm resentful at;	The Cause;	Affects My:					Where Was I to Blame?	Fears;	
List people, institutions or	Asked ourselves why we were angry - Page 64	(S) self-Esteem, (P) Pocketbook				oook	When we saw our faults we listed them	Whether resentment was in connection	
principles - Page 64		(A) ambitions, (PR) personal relations				elations	(defects of character) - Page 67	or not. Why did we have them?	
		(SR) sex relations - Page 65			- Page	65		- Page 68	
		S	Р	Α	Р	S			
						İ			
			i I		i İ	i i			
						İ			
						İ			
						İ			
						İ			
			<u> </u>		<u>;</u> ;	<u>i</u>			
			!	i i	!	!			
			 		 	<u> </u>			
					<u> </u>				
					<u> </u>	<u> </u>			
					<u> </u>				
			!	!	!	!	<u>l</u>	<u>l</u>	